



Certificate of Analysis

Product Name:	Men's Multivitamin Capsule 60 ct
SKU #	102073
Lot No:	1115-2410-301
Manufacturing Date	03/2025
Best by Date	03/2027
Product Description	Size 00 Clear veggie capsule filled with bright yellow powder blend
Average fill weight (10 capsules)	7.46 gm \pm 10%
Average filled (10 capsules)	8.66 gm \pm 10%
Weight variation	Passes as per USP <2091>Current
Serving Size	2 Capsules

Each Serving Contains:

Active Ingredients	Specifications	Results	Methods
Vitamin A (as Beta-Carotene)	NLT 1125 mcg	1181 mcg	HPLC
Vitamin C (from Organic Acerola Cherry Active)	NLT 90 mg	94.5 mg	HPLC
Vitamin E (as D-Alpha Tocopherol Succinate)	NLT 67 mg	70.35 mg	HPLC
Thiamin (as Thiamin HCL)	NLT 10 mg	10.5 mg	HPLC
Riboflavin (as Riboflavin -5-Phosphate)	NLT 4 mg	4.12 mg	HPLC
Niacin (as Niacinamide)	NLT 32 mg	33.6 mg	HPLC
Vitamin B6 (as Pyridoxine-5-Phosphate)	NLT 25 mg	26.25 mg	HPLC
Folate (as L-Methyl-folate)	NLT 348 mcg DFE	417.6 mcg DFE	HPLC
Vitamin B12 (as Methylcobalamin)	NLT 200 mcg	220 mcg	HPLC
Biotin	NLT 1000 mcg	1050 mcg	HPLC
Pantothenic Acid (as D-Calcium Pantothenate)	NLT 25 mg	26.25 mg	HPLC
Choline (as Choline Bitartrate)	NLT 25 mg	26.25 mg	QBI
Iodine (as Kelp)	NLT 150 mcg	157.5 mcg	ICP-MS
Zinc (as Zinc Citrate)	NLT 15 mg	15 mg	ICP-MS
Selenium (as Selenomethionine)	NLT 100 mcg	100 mcg	QBI
Manganese (as Manganese Citrate)	NLT 2.5 mg	2.5 mg	QBI
Chromium (as Chromium Picolinate)	NLT 200 mcg	200 mcg	QBI
Molybdenum (as Amino Acid Chelate)	NLT 50 mcg	50 mcg	QBI
Potassium (as Potassium Citrate & Phosphate)	NLT 152 mg	152 mg	QBI
Marigold flower extract (generating 5mg lutein & 2mg Zeaxanthin)	NLT 120 mg	144 mg	HPLC
L-Glycine	NLT 30 mg	36 mg	QBI
Lycopene	NLT 10 mg	10.3 mg	QBI

Other Ingredients: Vegetable Capsule, Organic Rice Hulls.

Microbial Analysis	Specifications	Results	Methods
Total Bacterial Count	NMT 10,000 cfu/gm	Pass	Biolumix ML0701.1
Total Mold & Yeast Count	NMT 1,000 cfu/gm	Pass	Biolumix ML0701.2
E. Coli	Absent	Pass	Biolumix ML0701.3
Salmonella	Absent	Pass	Biolumix ML0701.4



Heavy Metal Analysis	Specifications	Results	Methods
Lead (Pb)	NMT 0.5 mcg/Dose	0.05 mcg/Dose	TM-308-67-00 By ICP-MS
Mercury (Hg)	NMT 0.3 mcg/Dose	Not Detected	TM-308-67-00 By ICP-MS
Arsenic (As)	NMT 10 mcg/Dose	0.69 mcg/Dose	TM-308-67-00 By ICP-MS
Cadmium (Cd)	NMT 4.1 mcg/Dose	0.07 mcg/Dose	TM-308-67-00 By ICP-MS

Report Date:4/15/2025

Ronald Torres

Quality Assurance Associate & Inspector